

Atlantic Mission Region

5th annual Women's Conference: *Showers of Blessings*

Friday, October 13, 2023

8:30 registration & fellowship

9:00 AM—11:30 AM

Saint Paul Lutheran Church

250 Trinity Rd.

York, PA 17408

Featuring a Bible study
by
the Rev. Dr. Amy Little
General Secretary of the
NALC

We will be assembling health kits for Disaster Response!

Each **congregation** is asked to bring components for at least ten (10) complete health care kits. In 2021 we assembled 172 complete health kits. This year we are challenging ourselves to make 200+ health kits! Please DO NOT have them assembled ahead of time. We will be doing a "hands on" assembly line at our conference.

Below is the list of items requested for each kit. Remember, we are asking for AT LEAST TEN (10) of each item from each participating congregation.

It is HIGHLY recommended that someone apply for a Thrivent grant to help with the purchase of these items OR post a sign up sheet in your congregation with each individual item listed to share in the purchasing/donating.

Health Care Kits

(one item of each listed below completes one kit)

- ◇ **One** bath towel
- ◇ **One** wash cloth
- ◇ **One** shampoo (regular size; two if travel size)
- ◇ **One** bar of soap, in original wrapping (regular sized or 2 travel size)
- ◇ **One** toothbrush (individually sealed)
- ◇ **One** pack of dental floss
- ◇ **One** tube of toothpaste (two if travel size)
- ◇ **One** comb (pick or wide tooth)
- ◇ **One** deodorant
- ◇ **One** nail clippers
- ◇ **One** pocket-sized devotional
- ◇ **One box** of 2-gallon ziplock bags (the kits will be packed into these bags; one box of bags will be sufficient for 10 kits)

